

## Idols Inventory - Assessment #1

Uncover your potential “idols” by taking this assessment. After reading the definition, consider each one of the things listed below in light of the “it might be an idol if...” examples and according to your gut, not your head answer by checking either yes, no, or possibly.

**Definition: An idol can be any thing or person (even good things) that we might value more highly than we should and it becomes more important than God.**

It might be an idol...

- if your thoughts and time are consumed by it.
- if you are willing to do anything to get it even at the expense of others.
- if you believe it will give you things that only God can give (peace, joy, etc.).
- if you believe having it will give your life purpose, meaning and value.
- if you were to lose it you would despair.

1) Job

Yes                       No                       Possibly

2) Money

Yes                       No                       Possibly

3) Possessions (new car, bigger home, more toys)

Yes                       No                       Possibly

4) Spouse - yes or no

Yes                       No                       Possibly

5) Health - yes or no

Yes                       No                       Possibly

6) Looks/Image - yes or no

Yes                       No                       Possibly

7) Food - yes or no

Yes                       No                       Possibly

8) Alcohol - yes or no

Yes                       No                       Possibly

9) Friends - yes or no

Yes                       No                       Possibly

10) Kids - yes or no

Yes                       No                       Possibly

11) Approval of others - yes or no

Yes                       No                       Possibly

12) Technology & Social media

Yes                       No                       Possibly